



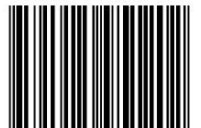
THE **HARMONY**
OF **COLOUR** SERIES

TEDDIES AND TOYS

RELAX AND UNWIND WITH
ADULT COLOURING

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BOOKS

THE **HARMONY**
OF **COLOUR** SERIES

TEDDIES AND TOYS

Stressed out at work? Are the pressures of the world getting you down? We guarantee relaxation with these complex Zen and anti-stress colouring pages for adults.

Harmony of Colour: Teddies and Toys
offers detailed images and patterns that are chosen
by experts for their soothing properties.

Be aware of the overall harmony of your colouring rather than focusing on each element individually. Try to balance the colours so that they are a reflection of your emotions of the moment. If the colours of your page are in harmony, then your mind will follow!

Now... grab your pencils or textas and de-stress...



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All images: Shutterstock



“There is nothing like staying
at home for real comfort.”

— Jane Austen —



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“A bear teaches us that if the heart is true, it doesn’t matter much if an ear drops off.”

— Helen Exley —



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“The very essence of playfulness is an openness to anything that may happen, the feeling that whatever happens, it’s okay... you’re either free to play, or you’re not.”

— John Cleese —



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“Age simply doesn’t enter into it! The older the friend, the more he is valued, particularly when he shows so visibly the characteristics that we all look for in friends. You have only to look at a genuine teddy’s face to see at once the loyalty, common sense, and above all, dependability behind it.”

— Peter Bull —



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“A hug is like a
boomerang - you get
it back right away.”

— Bil Keane —



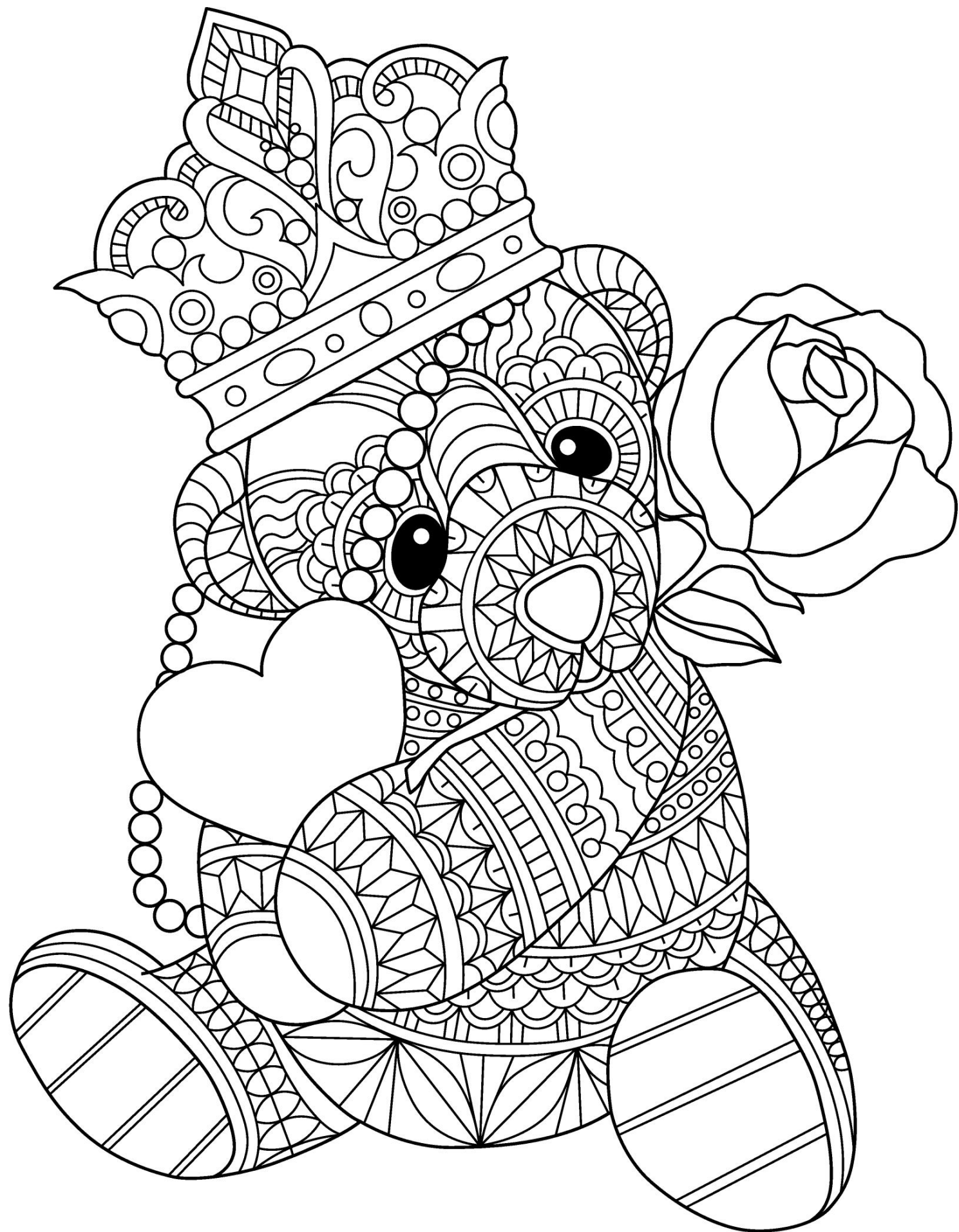
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“A child who does not
play is not a child, but
the man who doesn’t
play has lost forever the
child who lived in him
and who he will miss
terribly.”

— Pablo Neruda —



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"The best gift you can
give is a hug: one
size fits all and no one
ever minds if
you return it."

— Marge Piercy —



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“He is happiest, be he
king or peasant, who finds
peace in his home.”

— Johann Wolfgang von Goethe —



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“The debt we owe to the play
of imagination is incalculable.”

— Carl Jung —



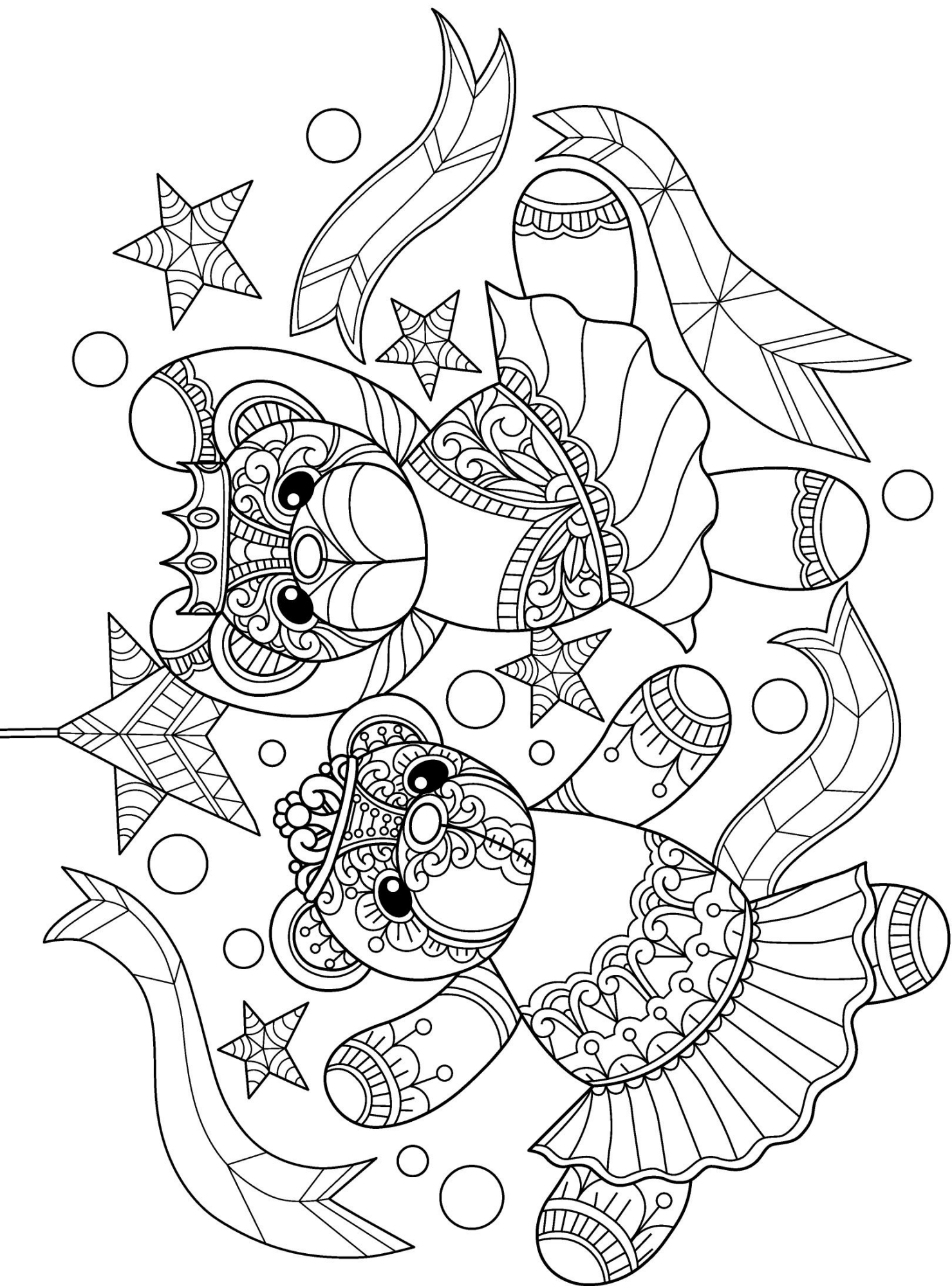
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“Where we love is
home - home that our
feet may leave, but
not our hearts.”

— Oliver Wendell Holmes Sr. —



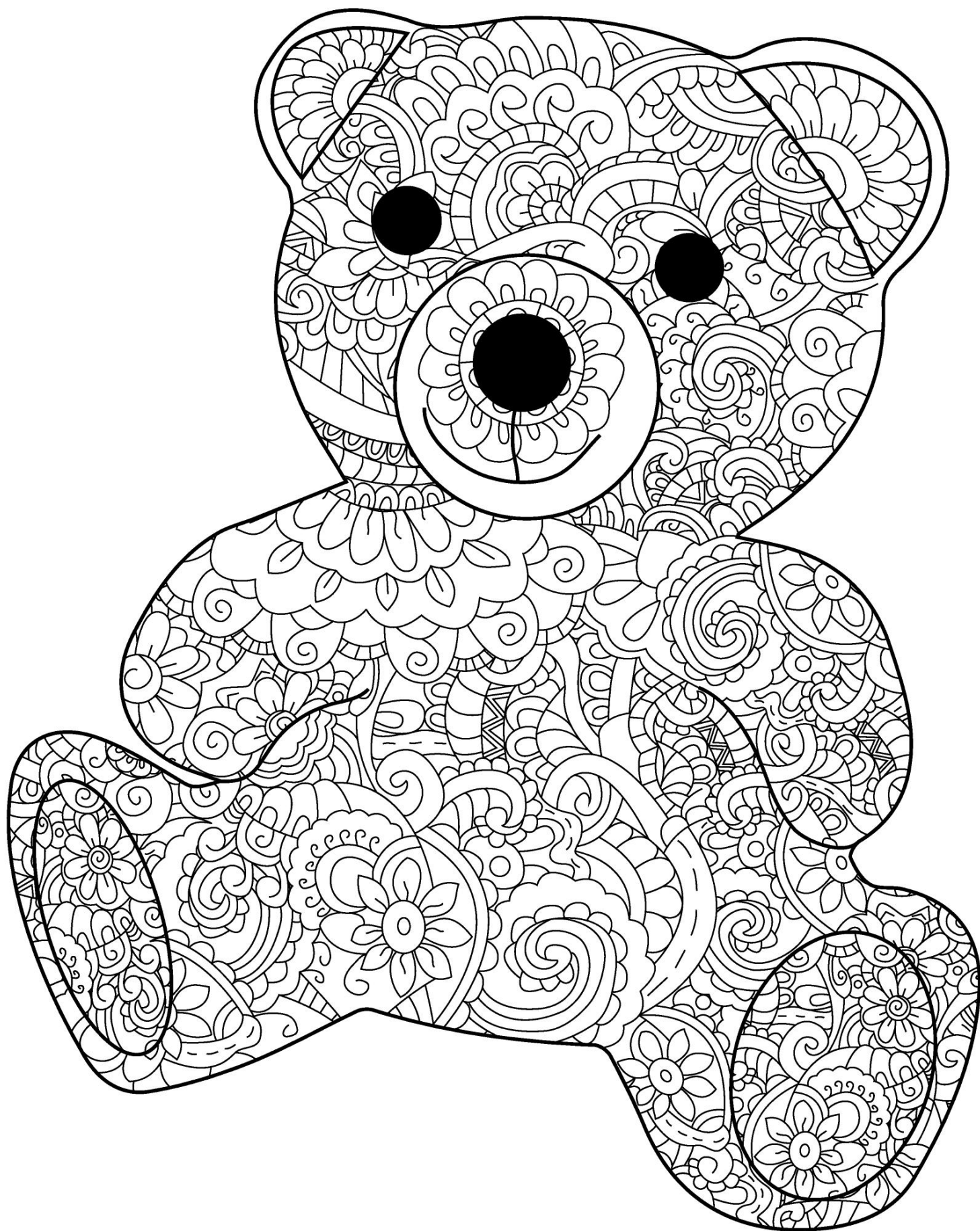
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“Work consists of whatever a
body is obliged to do. Play
consists of whatever a body
is not obliged to do.”

— Mark Twain —



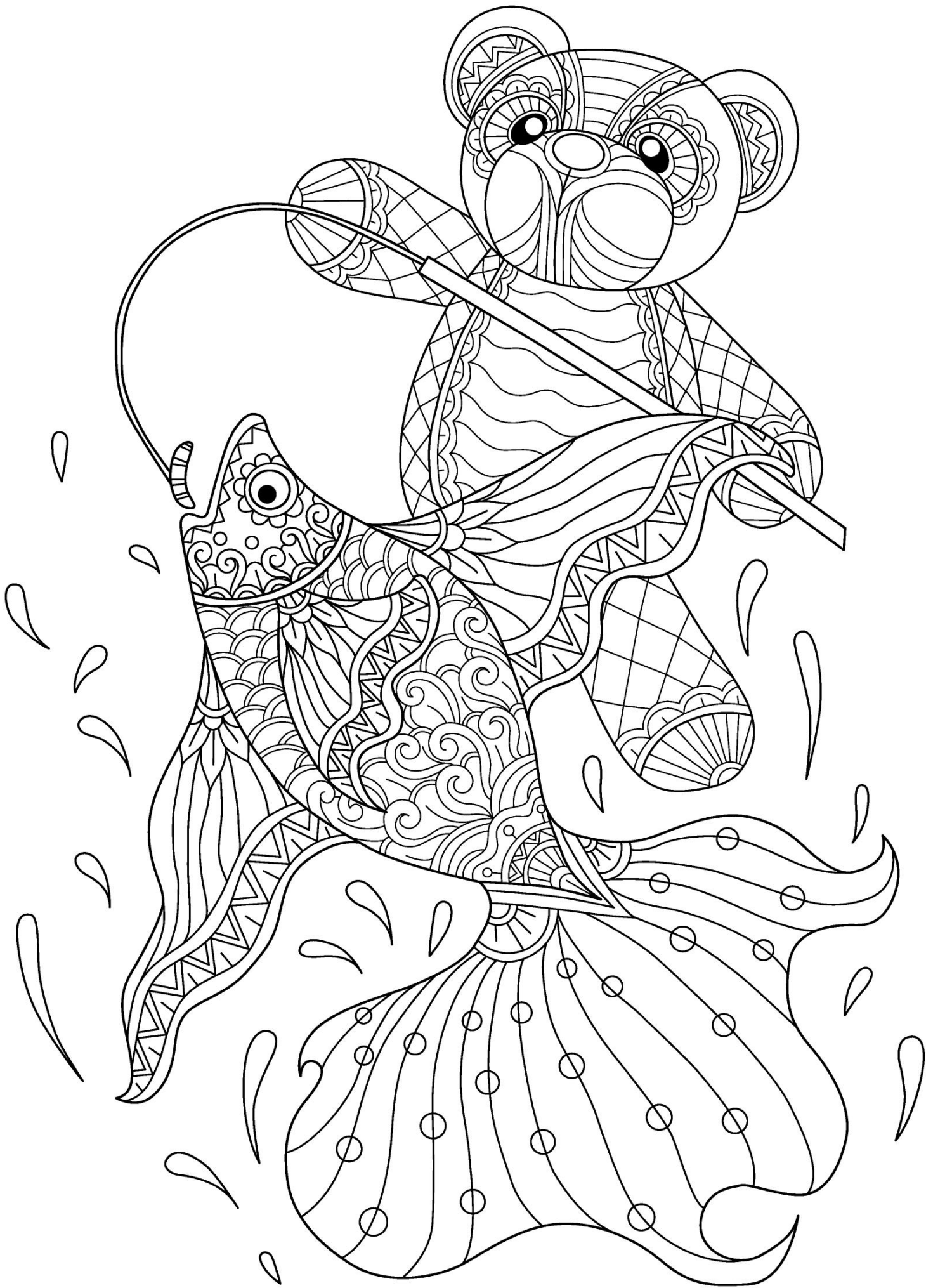
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“The power of
finding beauty in
the humblest things
makes home happy
and life lovely.”

— Louisa May Alcott —



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“Love begins by taking
care of the closest ones
- the ones at home.”

— Mother Teresa —



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"The ache for home lives
in all of us, the safe place
where we can go
as we are and not
be questioned."

— Maya Angelou —



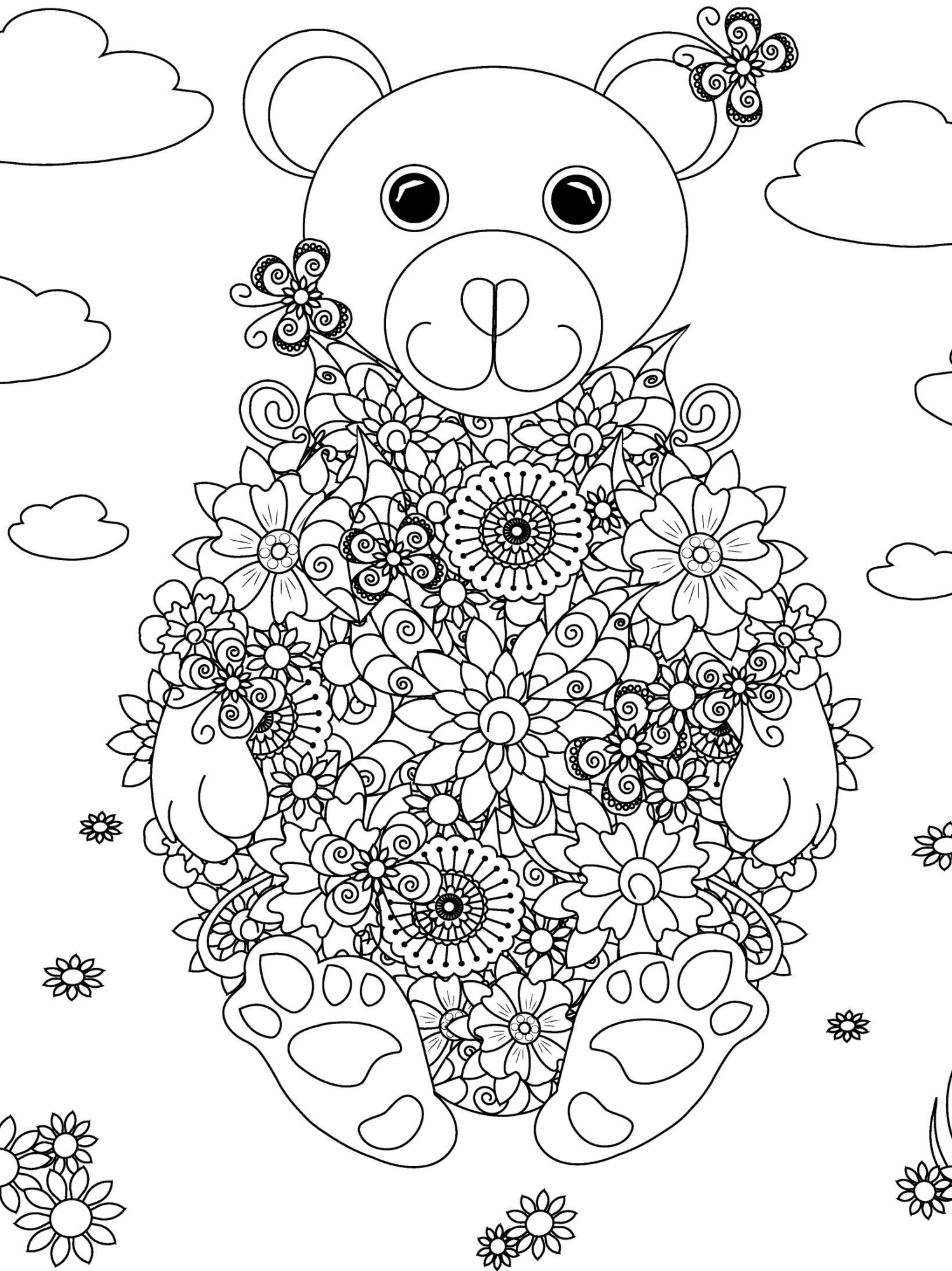
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“A person might be able to
play without being creative,
but he sure can’t be creative
without playing.”

— Kurt Hanks —



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“Play is the exultation
of the possible.”

— Martin Buber —



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“Every house where love abides
and friendship is a guest,
is surely home,
and home sweet home
for there the heart can rest.”

— Henry Van Dyke —



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“In every real man a child is
hidden that wants to play.”

— Friedrich Nietzsche —



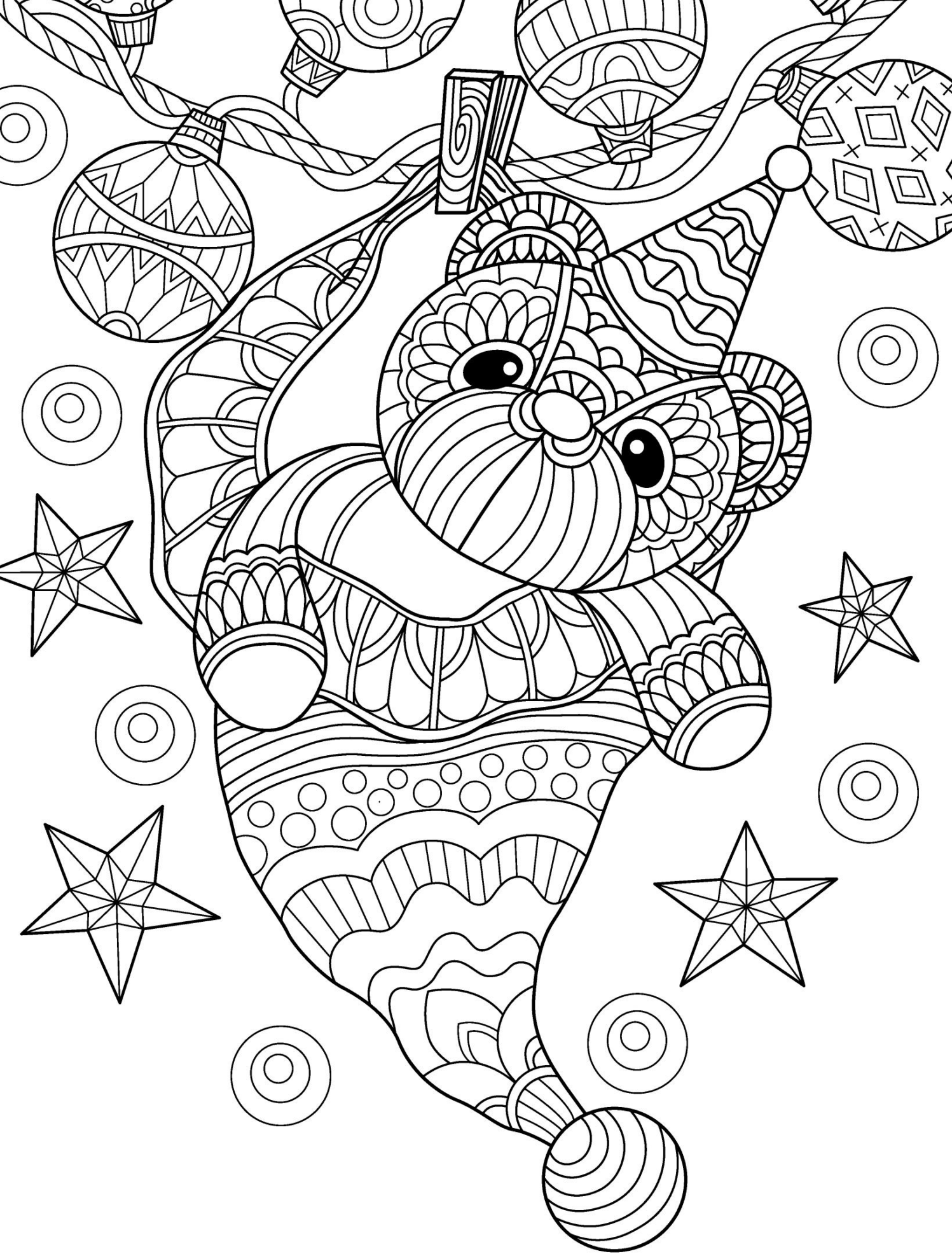
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“A house is not a home
unless it contains food
and fire for the mind as
well as the body.”

— Benjamin Franklin —



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“Home is where the heart can
laugh without shyness.”

— Vernon Baker —



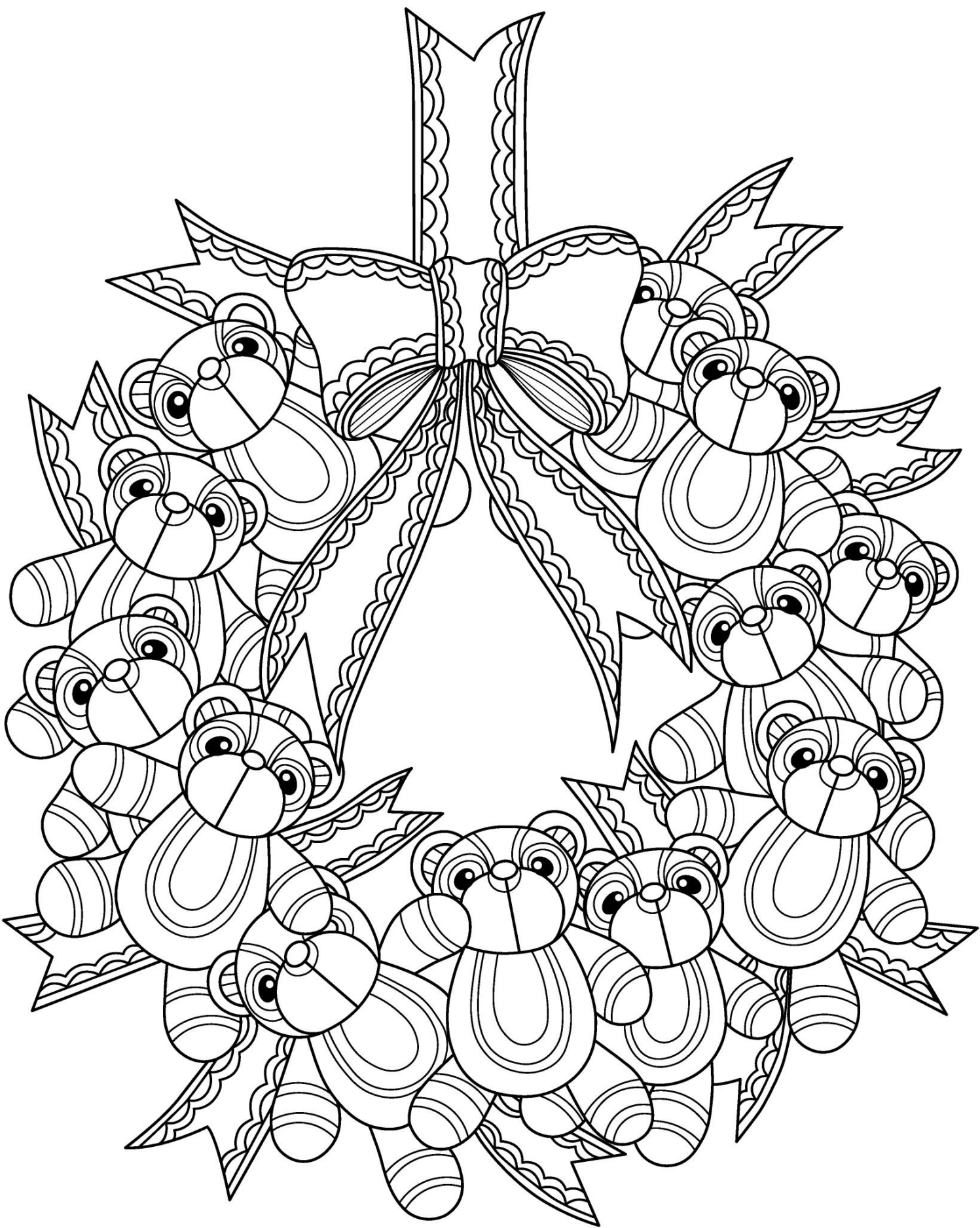
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“Life is a challenge, meet it!
Life is a dream, realise it!
Life is a game, play it!
Life is love, enjoy it!”

— Sathya Sai Baba —



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“The ornament of a
house is the friends
who frequent it.”

— Ralph Waldo Emerson —



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“The supreme
accomplishment is to
blur the line between
work and play.”

— Arnold J. Toynbee —



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“The playing adult steps
sideward into another
reality; the playing child
advances forward to new
stages of mastery.”

— Erik Erikson —



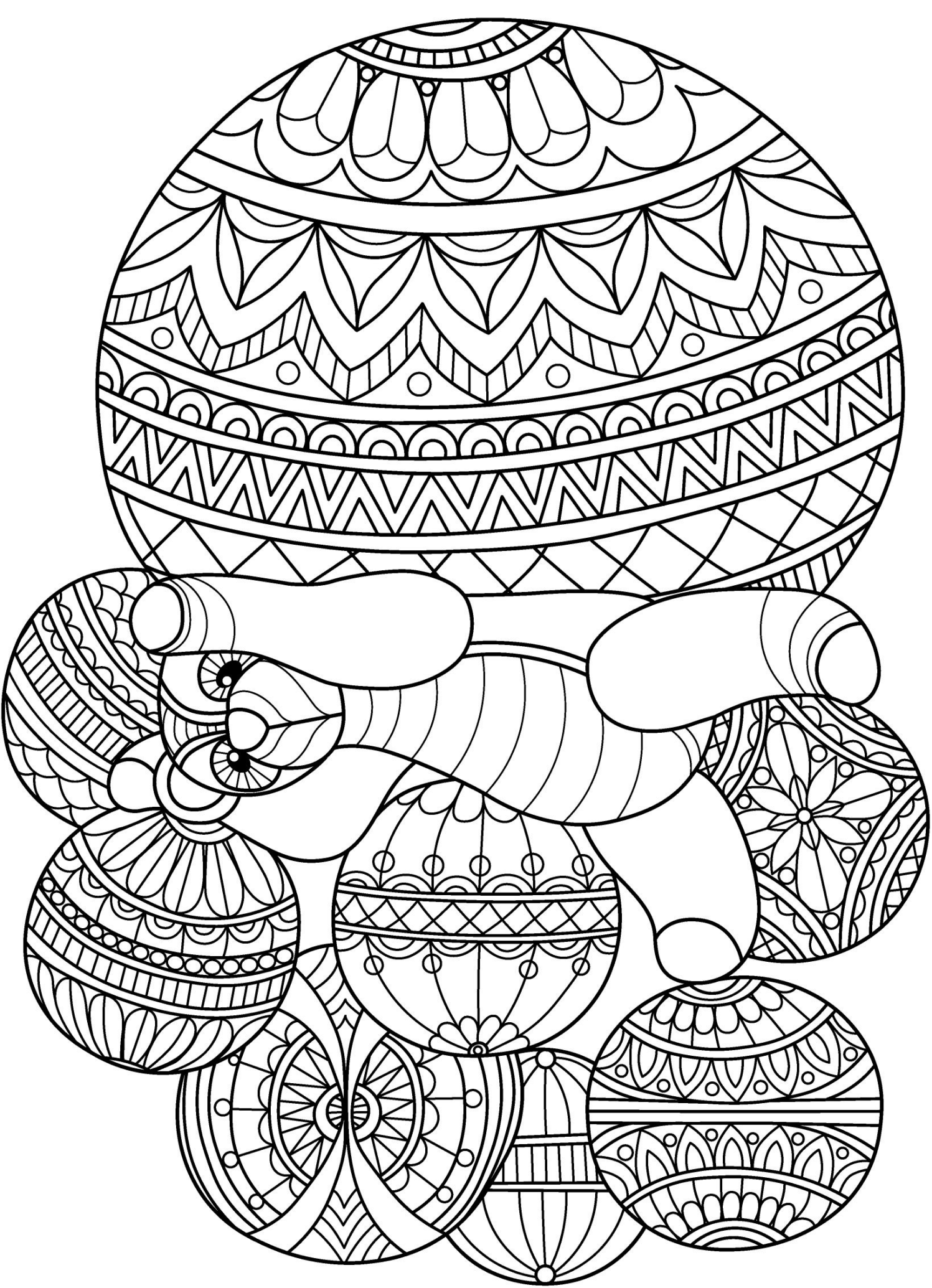
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"A comfortable house is a
great source of happiness.
It ranks immediately
after health and a
good conscience."

— Sydney Smith —



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“Work and play are words
used to describe the
same thing under
differing conditions.”

— Mark Twain —



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“The more one does
and sees and feels,
the more one is able
to do, and the more
genuine may be
one’s appreciation of
fundamental things
like home, and love,
and understanding
companionship.”

— Amelia Earhart —



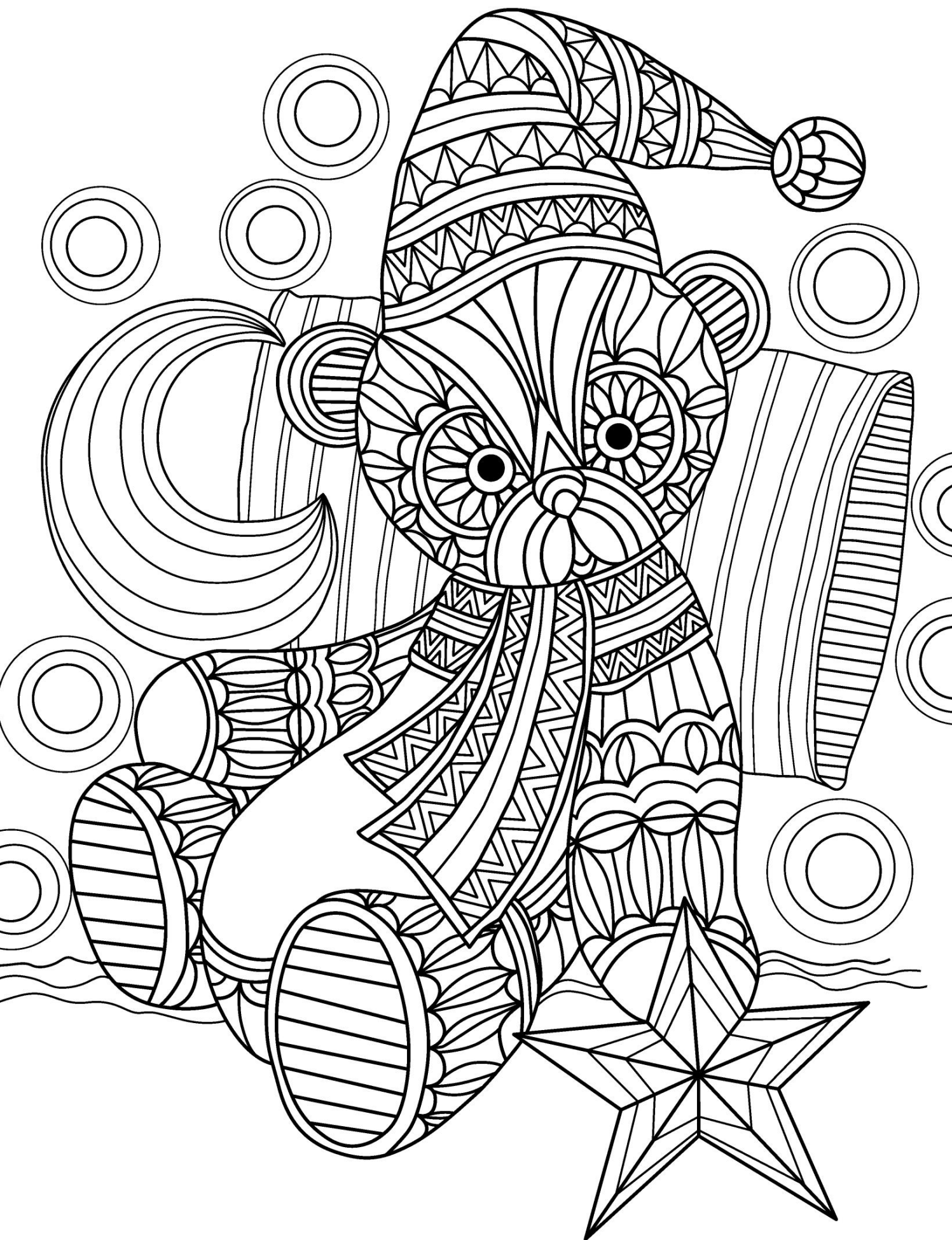
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“Play is a uniquely
adaptive act, not
subordinate to some other
adaptive act, but with a
special function of its own
in human experience.”

— Johan Huizinga —



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“Peace, like charity,
begins at home.”

— Franklin D. Roosevelt —



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“We don’t stop playing
because we grow old;
we grow old because
we stop playing.”

— George Bernard Shaw —



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“It is easy to work
when the soul is at play.”

— Emily Dickinson —



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“Imagination is more
important than
knowledge.”

— Albert Einstein —



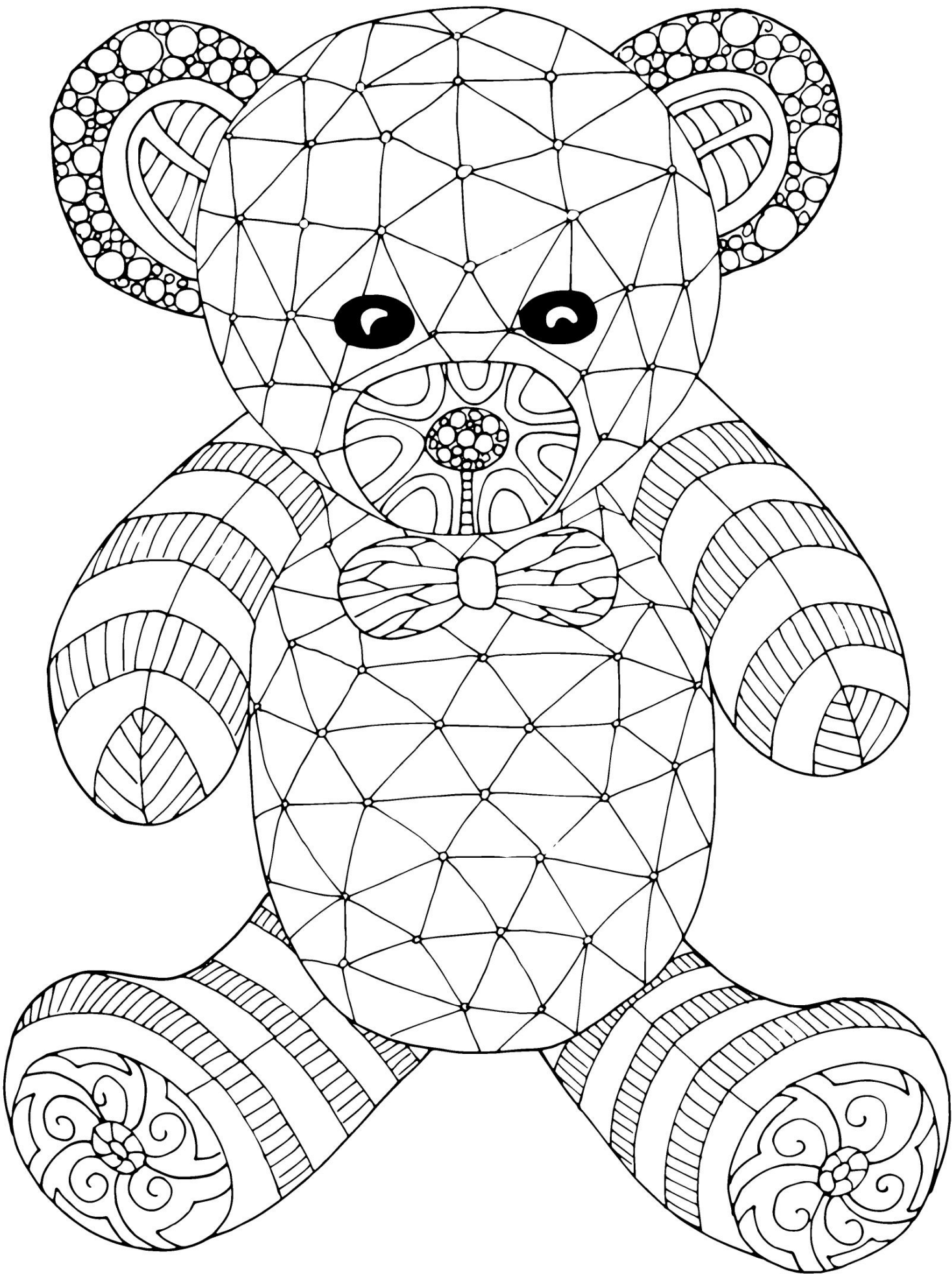
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“Be glad of life because it
gives you the chance to
love, to work, to play, and
to look up at the stars.”

— Henry Van Dyke —



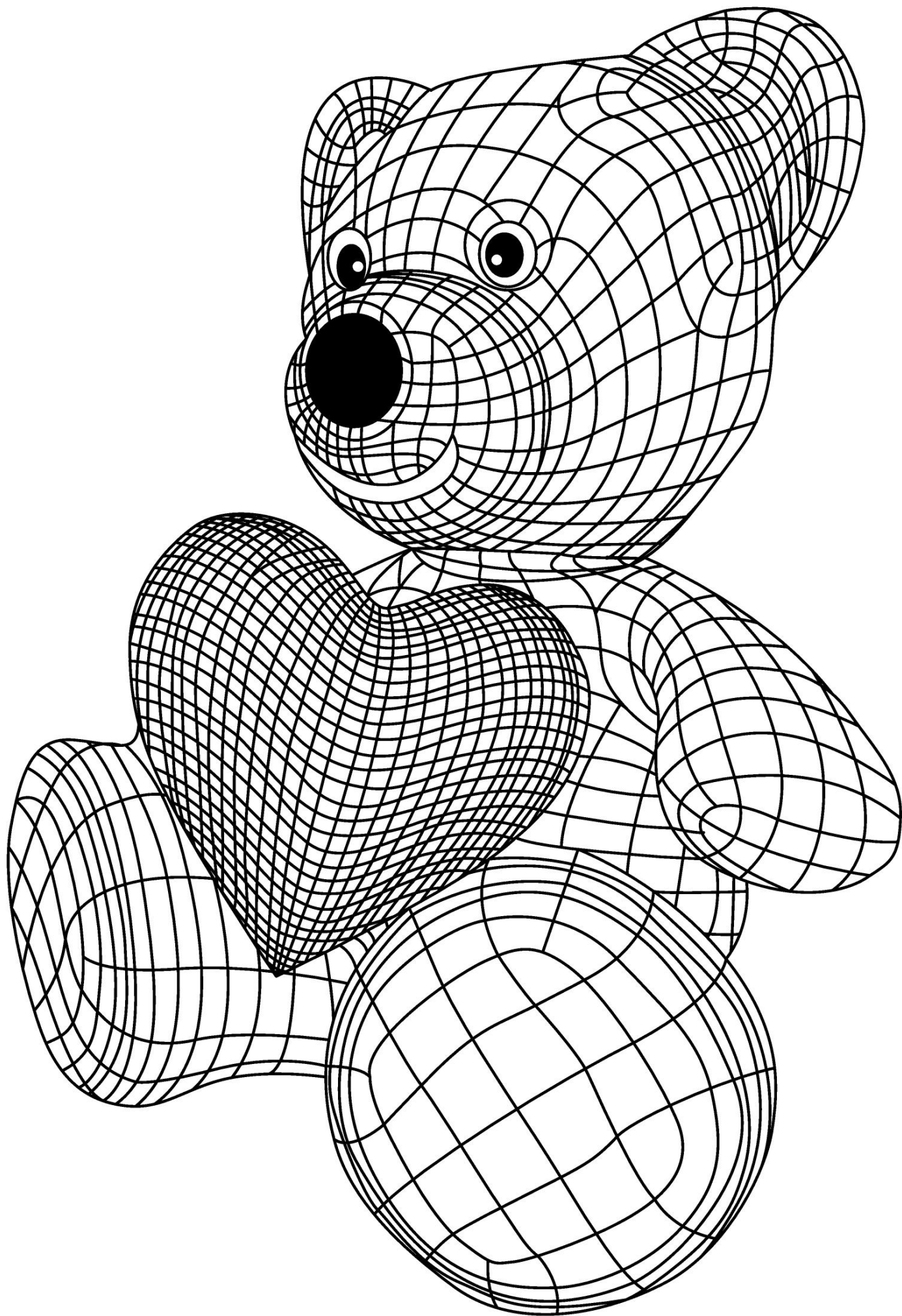
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“In our play we reveal what
kind of people we are.”

— Ovid —



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"The creative mind
plays with the
object it loves."

— Carl Jung —



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“Man is most nearly
himself when he
achieves the seriousness
of a child at play.”

— Heraclitus



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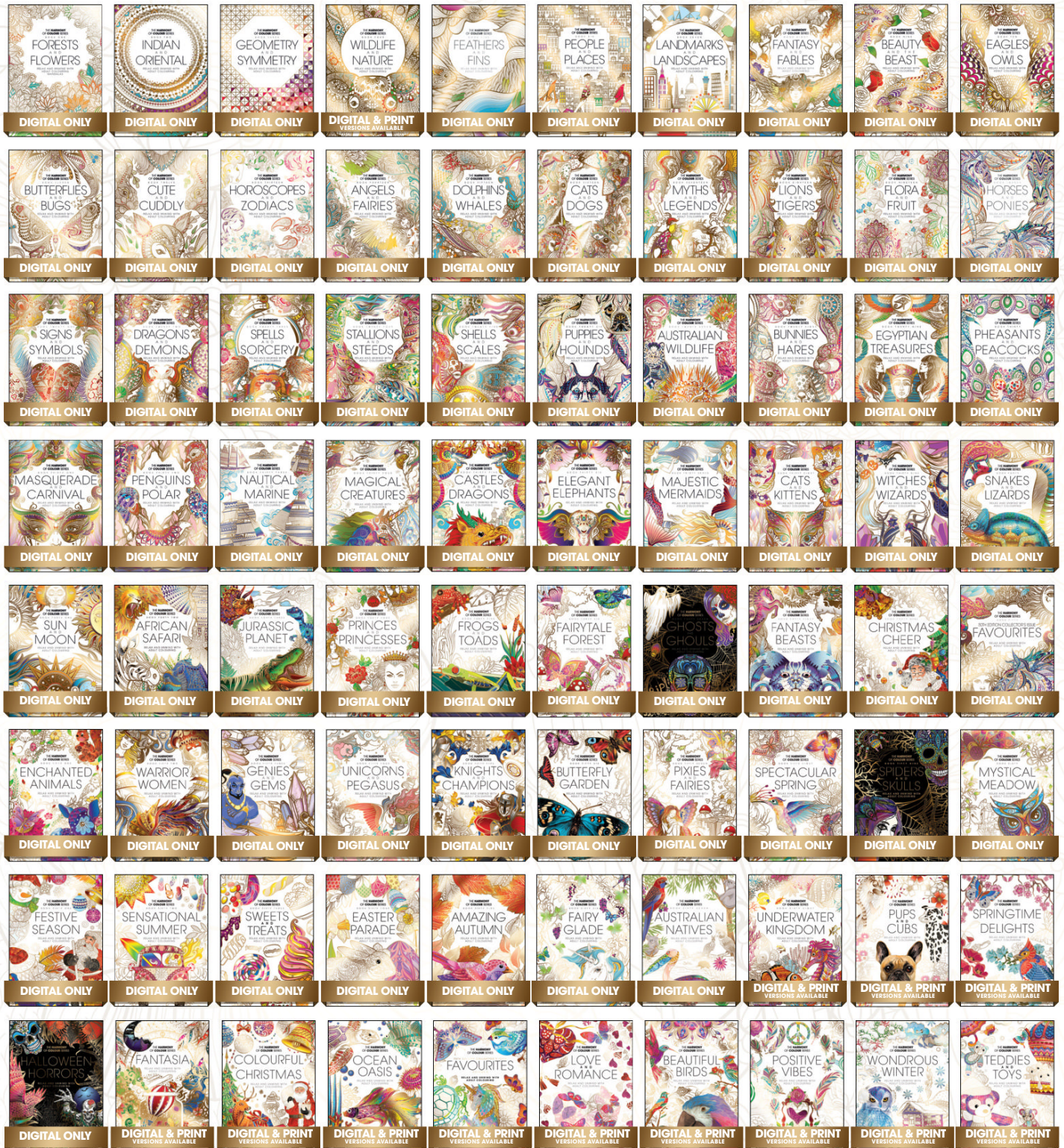


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